

Wrinkle Relaxants - Frequently Asked Questions

How does this work?

Wrinkle relaxants are injections that work by weakening the muscles into which it is injected. As facial muscles contract, the loose skin above those muscles wrinkles. By weakening the muscles, the wrinkles are reduced.

How long do results last?

The effects of this treatment can last up to three months

How many treatments are needed before you see results?

When injected appropriately, the results will be seen after the first treatment. It takes two to four days before the muscle weakening effect takes place. The maximum effect occurs at about 10 to 14 days. The effect then lasts up to three months.

How is this treatment done?

A very small amount of wrinkle relaxant is injected into each of the target areas using a very small needle. Because the needle is fine, only a small amount of the liquid is injected and the associated discomfort is minimal.

Will I experience any side effects?

Side effects are very rare. A patient may experience localised pain, inflammation, tenderness, swelling, redness, and/or bleeding/bruising.

Who will undertake my treatment?

All treatments are undertaken by a qualified facial aesthetic practitioner, who is fully experienced in all aspects of these treatments. All treatments are carried out in the clinical environments of our surgeries. So rest assured you are in very safe hands.



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We are delighted to offer the latest facial aesthetic treatments. These procedures can help soften expression lines and define facial contours. They are quick and easy to undertake and the results can have the effect of turning back the years.

You will have a full consultation before treatment is undertaken, when all aspects of the procedures will be fully explained, and you will have the opportunity to ask questions you may have.

Wrinkle Relaxation

This is a highly popular method of softening facial expression lines and making the face look refreshed. Crease lines and wrinkles are a natural maturing process caused by a combination of ageing, sun damage, gravity and the everyday motions of laughing, talking, frowning and crying. Treatment is by injections that relax the tiny facial muscles which create expression lines. This means the muscles no longer contract as forcefully so the overlying skin stays smooth and crease-free. The result is a more relaxed and youthful look. The procedure is simple and straightforward. The medication is injected using a very fine needle in very precise locations on the face.

After around two or three days the effects are seen with the full benefits becoming visible up to fourteen days after treatment. Average results last around four to five months before repeat treatments are required.

Dermal Fillers

The skin's hydration, resistance, tone and elasticity are critical to its appearance. Cosmetics and moisturising products such as anti-ageing creams only act on the upper layers of the skin, primarily the epidermis. However to achieve long lasting improvements to the appearance of wrinkles, a deeper layer of skin should be treated. Dermal filler works in the dermis itself, to fundamentally change the appearance of wrinkles.

With dermal fillers fine lines, wrinkles and folds are immediately filled and corrected. Mouths too, can become fuller and lips more clearly defined. In addition, as an oval facial shape is often associated with a younger appearance, augmentation in the cheek area can enhance a youthful appearance. Restylane™ uses a compound found naturally in your skin. This compound is injected directly into the dermis.

Before



After



Dermal Fillers - Frequently Asked Questions

What are the benefits of dermal fillers?

The result of a single treatment can be seen instantly and lasts around one year for facial treatments and around six months for the lips. With dermal fillers you will achieve a natural looking result that does not affect facial expression. Remember your face changes over time, and treatments with dermal fillers allow you to control you looks subtly as you age.

Does dermal filler treatment need pain relief?

Generally, pain relief is not necessary when injecting into the skin to correct lines and wrinkles. Some people may experience the treatment as a mild discomfort. A local anaesthetic cream can be applied to the area for a more comfortable treatment.

Will I notice the difference straight away?

Yes, the aesthetic results are immediate. You'll see the results as soon as your appointment is over—and no one else needs to know!

How long will the effects of dermal fillers treatment last?

On average, dermal fillers are proven to last up to one year in nose to mouth lines and six months in the lips. After the initial treatment, follow-up sessions are normally recommended around every six to twelve months depending on the individual and the treatment.